

Between the Lines

LIBRARY/MEDIA CENTER NEWSLETTER

Books are just the beginning!

June 2019, Issue 5



Summer Reading is Here!



Summer is almost here and summer reading is the expectation for all students, including incoming freshmen. New this year, all students are required to read **at least two books**.

BOOK #1: As we've done in the past, the first book is an open-choice book and can be fiction or nonfiction, but must be written for young adults or adults.

BOOK #2: The second book is a whole-school summer read titled *Line Change: A True Story of Resilience* by Matt Brown and Todd Civin.

For all students with Google school logins and passwords (excludes incoming Freshman), please consider choosing a book from the EBSCO eBook Collection located on our library website library.essextech.net. You can download a "great read" to any device. For students with access to Learning Ally, you can download an audio book, including the whole-school read *Line Change: A True Story of Resilience*. For more information, and to read the entire summer reading letter to families, visit the library website.

SCHOOL HOURS:

Monday 7:45 - 3:45 p.m.
Tuesday 7:45 - 3:45 p.m.
Wednesday 7:00 - 3:00 p.m.
Thursday 7:45 - 3:45 p.m.
Friday 7:00 - 3:00 p.m.

Tammy Garron, Media Specialist, x3204
Donna O'Brien, Assistant Librarian, x3201
Website - library.essextech.net

Website of the Month



[Google Arts & Culture](https://www.google.com/culture)

The Library/Media Center is a resource center for reading, quiet study and research. Come prepared with work to do or something to research or read.

Have an Assignment!

Excellent Websites

It is amazing how quickly time flies while browsing these websites!

- [Smithsonian Education](#)
 - There is a student section with resources covering topics such as art, science, history, culture, nature, people, and places.
- [TED Ed](#)
 - Collection of educational video content to inspire, challenge and enrich student learning experiences.
- [CK-12](#)
 - Free online textbooks, videos, exercises, flashcards, and real world applications for over 5000 concepts from arithmetic to history.

(www.educatorstechnology.com)

Don't Leave your iPad in the Sun!

To cool down a device that is too hot:

1. Turn it off.
2. Stop charging, if you are doing so.
3. Remove any case you may be using.
4. Take the device out of direct sunlight, into the shade.
5. Wait for the heat to dissipate.



(makeuseof.com)

Visit your local public library online and take advantage of all the free and discounted passes available including museums, aquariums, zoos, and more!

Summer Travel with Google Maps

Make a list of places to visit:

To remember how to get someplace, save it in Google Maps. That way, you can quickly find it later.

[Learn how to save favorite places.](#)



Send your location in real time:

To make it easier to meet up with others or show them how to find you, let them see where you are.

[Learn how to share your location with others.](#)

Save maps to your phone:

If you plan to travel where it's hard to get the internet, download an area map ahead of time.

[Learn how to navigate offline.](#)

Set route options:

When you use Google Maps to navigate to a place, you can pick your route preferences.

[Learn how to avoid tolls, ferries, and highways.](#)

Explore in Street View:

You can see photos of the places you visit and explore the area up close.

[Learn how to use Street View.](#)

Nothing Like a Good Magazine



Now that summer is here and you will have a little extra time, don't forget to check out the Flipster online magazine issues located on our library website - library.essextech.net. You don't want to miss the summer issues! Just download a magazine to any device and read! Be sure to use your school's Google login and password to access. Online magazines are just the same as the paper magazines from cover to cover.

Tips to Staying Healthy over the Summer

1. Get your rest

Aim to get seven to nine hours of sleep a night. Keep your room cool and shades pulled to help make your sleep more comfortable.

2. Move your body

Try getting some exercise in the morning hours before the sun is at its peak. Or break up your day and go for shorter walk breaks throughout your day.

3. Connect with others

Plan something fun with family or friends. It doesn't need to be expensive, but being social and around others will help keep any negative thoughts from ruminating.

4. Stay hydrated

Aim to drink more than the standard eight glasses a day. And get creative: put some frozen berries in your water or even some mint leaves and lime slices. Opt for snacks with high-water content such as watermelon, cantaloupe, tomatoes and cucumbers.

5. Wear sunscreen

Look for at least an SPF 30 and wear it all the time! Even if you are just running errands or going for a "short walk". (jcmh.org)