

Between the Lines

MEDIA CENTER E-NEWSLETTER

Books are just the beginning!

June 2020, Issue 14



Summer fun!



Where is the best place to go to find resources and great summer reads?

Answer: library.essextech.net

All you need is your ENSATS Google login and password. Just click on **Sora** and/or **EBSCO ebooks**. Download an online book or audio book to any device 24/7. Don't forget about the awesome **Flipster** online magazine selection too!

Not quite sure what you are looking for? Browse **NoveList Plus**.

NoveList Plus is a comprehensive readers' advisory resource including fiction and nonfiction databases. With **NoveList Plus**, you can find titles, articles, and lists for both your fiction and nonfiction needs. **NoveList Plus** also includes audiobook information, including audiobook recommendations and audio samples.

Get your own Boston Public Library eCard

With a BPL eCard you will have access to so many eBooks and online resources.

<https://www.bpl.org/ecard>. The BPL (<https://www.bpl.org>) has one of the best "Summer Reading" sites. To stream films and documentaries use **Kanopy**. Also, search **Hoopla** and you will be brought to a page where you can search for thousands of online books including graphic novels, audiobooks, and music.

Media Center Hours:

Monday 7:45 - 3:45 p.m.
Tuesday 7:45 - 3:45 p.m.
Wednesday 7:00 - 3:00 p.m.
Thursday 7:45 - 3:45 p.m.
Friday 7:00 - 3:00 p.m.

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[Website - library.essextech.net](http://library.essextech.net)



In the Press

Essex North Shore Agricultural and Technical School

Library media center creates "one-stop shop" web experience for students and improves distance learning with Stacks

<https://www.ebsco.com/resources/success-story/technical-school-library-creates-one-stop-web-experience-distance-learning-stacks>

Google Arts and Culture

Take some time to explore!

<https://artsandculture.google.com> or download the app!

Both culture and art are two wonderful ways of preserving or strengthening a strong community's sense of place, forging a personal identity, and showing your creativity. Art and culture boast multiple opportunities for learning, entertainment, leisure, personal growth, and improving communication with others.

(ideatrader.com)



Try our newest app - Google Jamboard!

Jamboard is as simple as a whiteboard but smarter. Go to jamboard.google.com and try it out.

Jamboard is one smart display. Quickly pull in images from a Google search, save work to the cloud automatically, use the easy-to-read handwriting and shape recognition tool, and draw with a stylus but erase with your finger – just like a whiteboard.



Share ideas in brainstorming or lectures

Jamboard makes learning visible and accessible to all collaborators on the jam session. Plus, it's easy to present your jams in real time through Meet, allowing for easy sharing or making real-world connections.

Students can jam from anywhere. Educators can engage all students in the learning process, whether working together in a traditional classroom, a group seminar setting, or through distance learning. The Jamboard app for Android and iOS makes it easy for students and educators to join in on the creativity from their phone, tablet, or Chromebook.

Tips to Staying Healthy over the Summer

1. Get your rest

Aim to get seven to nine hours of sleep a night. Keep your room cool and shades pulled to help make your sleep more comfortable.

2. Move your body

Try getting some exercise in the morning hours before the sun is at its peak. Or break up your day and go for shorter walk breaks throughout your day.

3. Connect with others

Plan something fun with family or friends. It doesn't need to be expensive, but being social and around others will help keep any negative thoughts from ruminating.

4. Stay hydrated

Aim to drink more than the standard eight glasses a day. And get creative: put some frozen berries in your water or even some mint leaves and lime slices. Opt for snacks with high-water content such as watermelon, cantaloupe, tomatoes and cucumbers.

5. Wear sunscreen

Look for at least an SPF 30 and wear it all the time! Even if you are just running errands or going for a "short walk". (jcmh.org)

Remember to keep your electronic devices out of the sun!

A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on it's own wings. Always believe in yourself.